

Dr. Elaine Reedy, Ph.D. Health Psychologist/Virtual Health Coach Hypnotherapist/ Behavioral Health and Medicine Specialization 1543 Lilburn Stone Mountain Road Stone Mountain, Georgia 30087 770-925-8473 -404-312-0636 www.drreedybehavioralhealth.com www.vitrmend.com

2020 Health Vision

Body Scan and Body Reboot Wellness Packages

Subscription to my health and wellness package is an economical way to lower your risk to disease while improving your overall quality of health. Save up to forty percent per service when you invest in a wellness package. That's less than \$100 dollars a month for most packages and you get access to many holistic services. Health packages are designed to help you stay on track with meeting your health goals. I offer access to the most advanced and comprehensive holistic interventions on the market. All services are based on a plethora of research to validate their efficacy.

Some health spending benefit programs are accepted. Contact the office to verify acceptance of your health benefit program. Before investing in the 2020 health vision, please read each health and wellness program description to select the one that meets your needs.

All services are holistic in nature and for this reason they are not used to support disability claims, a medical diagnosis nor should the holistic services be presented to a medical doctor to validate a diagnosis. I am a health psychologist who has diverse training in holistic interventions. My health and wellness packages are designed to coach the client in behavioral health and wellness interventions. Adults and children can benefit from a health and wellness package.

What Is Offered at the Wellness Center?

 \checkmark 30 years of experience and an opportunity use my coaching skills to help you build a healthier mind and body.

- \checkmark State of the art body assessment technology.
- \checkmark Economical health and wellness packages to choose from.
- ✓ Individualized support.

 \checkmark The most advanced body reboot experience. Every body needs a body reboot/tune-up

Hypnotherapy: Hypnotherapy can be very effective in helping you reach many goals. Hypnotherapy can be used for:

- Weight loss
- Insomnia
- Anxiety
- Pain
- Fears and phobias and much more

The subconscious mind is a powerful platform for building physical and emotional tools that impact health and wellbeing. Read more at my website.

Having been diagnosed with lupus, I know from personal experience that the more you know about your body and how to improve its function you can experience a healthier quality of life. A body reboot experience can change the trajectory of your health. I am the coach you need to help you reboot your body!

Health and Wellness Packages

Basic Body Scan \$99.99

The basic scan is one visit. Allow 45 minutes to assess five systems:

1. Heart

2. Lungs

- 3. Digestive System
- 4, Endocrine
- 5. Liver

The basic scan gives a general assessment of the energy behavior of each system. While it is not a comprehensive assessment, it gives valuable information about the health status of your body.

Basic Body Scan Plus Body Reboot: \$145.00

Three services are offered in this package.

1. Basic Body Scan

2. Body Reboot raises and balances the body's cellular energy. Measurable improvement in energy level.

3. Hydrogen therapy or Ionic Cleanse

Note: The body reboot is done during your visit. The Hydrogen or Ionic can be done during a second visit.

Expiration of this package is 45 days from the day of purchase.

Comprehensive Body Scan: \$199.99

1. Full body scan includes heart. skeletal, liver, gall bladder pancreas, brain, female/male organ assessment, eyes, lungs, digestive system, parasites, food intolerance, dietary supplement analysis, mineral assessment, inflammation, circulation, allergies, environmental toxins, and much more.

2. Two full Body Reboot sessions. The full body reboot takes about 45 minutes.

3. One of the following: Ionic cleanse, Hydrogen therapy, or Millimeter Wave therapy

Expiration is 60 days from the day of purchase.

Comprehensive Body Reboot and Restore: \$299.99

- 1. One full body scan
- 2. Three Body Reboot sessions
- 3. One Hydrogen therapy sessions
- 4. One Ionic Cleanse

5. One Millimeter Wave session
Expiration is 90 days from the day of purchase.
Comprehensive Body Reboot and Restore: \$399.99
1. One full body scan
2. Four Body Reboot sessions
3. Two Hydrogen therapy sessions
4. Two Ionic bath or Millimeter Wave therapy
Add-on DNA Intolerance. Check your sensitivity to over 650 foods: \$425.00
Or revise your package to Six Body Scans and one hydrogen therapy
Expiration is 120 days from the day of purchase.

Comprehensive Body Reboot and Restore: \$499.99

- 1. One full body scan
- 2. Four Body Reboot sessions
- 3. Two Hydrogen therapy sessions
- 4. One Ionic bath or Millimeter Wave therapy
- 5. Three 30- day supply of dietary supplements
- 6. DNA Intolerance. Check your sensitivity to over 650 foods

Or revise your package to Six Body Scans and one hydrogen therapy

Expiration is 120 days from the day of purchase.

Virtual Wellness Program: Enter the health and wellness center from anywhere in the world.

Virtual Wellness Program I: \$195.00

Two virtual body scans and consultation using Zoom

Virtual Wellness Program II: \$299.99

Two virtual body scans and consultation using Zoom

Comprehensive dietary supplement assessment: Scan for the dietary supplements that supports your body chemistry. Take the guess work out of selecting vitamins, minerals, herbs, and foods that your body needs.

*Includes three special selected dietary supplements based on your dietary body scan.

* Personalized coaching

Get the coaching support you need from the comfort of your home.